

LONE WORKING POLICY

The aim of this Lone Working Policy is to ensure that when workers are working alone, they and the company understand what they should do to ensure that they are as safe as possible.

OBJECTIVE:

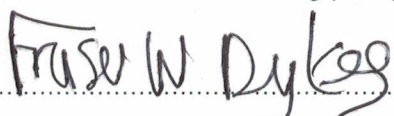
To set out procedures that will ensure that AMD Contract Services achieve their aim of ensuring that if it is necessary to carry out lone working it is done as safely as possible.

The Company aims to ensure that safe systems of work are introduced and maintained whenever it is not possible to entirely protect people by engineering measures.

We have a general duty of care under the health and safety legislation to provide systems of work that are safe and without risks to health, in so far as is reasonably practicable.

1. Whenever possible, avoid lone working
2. No lone working for high risk activities including:
 - Using hazardous substances
 - Live electrical work
 - Work at heights
 - Work near water
 - Work in confined spaces
3. It is essential for the lone worker to carry a mobile phone to ring 999 or 112 if necessary (even if no signal is available). Carrying a phone will also enable the operator to keep in touch with the office at regular intervals
4. Operator should ensure that communication (mobile phone signal) is available
5. Implement a reporting system to monitor lone working, including reporting in to either of the Directors at certain times during the day and at the end of each day
6. Ensure that each Operator has emergency numbers available
7. All workers have a duty of care to make sure that they comply with relevant Health & Safety laws and regulations
8. Method statements and Risk Assessments should be available to the lone worker so that they fully understand the activity they are required to do and the risks that are involved
9. The lone worker should ensure that they have the required PPE for their own safety
10. The lone worker should have the necessary training and certification to carry out the activity required
11. A First Aid kit should be available for use at all times

The effectiveness of our Lone Working policy will be reviewed annually.

Signed:  Date: 01/10/19

Name: Mr Fraser W Dykes

Position: Managing Director